## A New You

Advertisers and businesses want you to think about a "new you". They advertise health and beauty products. They advertise weight loss programs. They advertise gym memberships. More importantly, God wants you to think about a "new you" that begins on the inside with a new heart (Ezekiel 11:19; 18:31; 36:26). He wants you to have...

A New Life. We need to change our relationship to come into fellowship with Christ (2 Cor. 5:17; Gal. 6:15). This is accomplished in a new birth (Jn. 3:5; Rom. 6:4).

A New Rule of Faith. We need to change our direction to start walking in the right way. This is accomplished by following a new law (Lk. 22:20; Rom. 7:6).

A New Way of Thinking. We need to change our thinking to conform to the image of Christ. This is accomplished with a new knowledge (Eph. 4:24; Col. 3:10).

A New Hope. We need to change our outlook to live with a heavenly aim (Phil. 3:14; Col. 3:1). This is accomplished in a new focus (2 Pet. 3:13).

Friend, you really can have a new you for the new year if you want!

- Chris Reeves -

## Sentence Sermons

- Prosperity is a great teacher; adversity even greater.
- A good exercise for the new year is to reach down and pull someone up.
- We bear our cross because we want to wear our crown.
- Many people have plenty to live on, but little to live for.
- You don't have to think quick each day, you just have to think right each day.

Warfield Blvd. church of Christ 290 Warfield Blvd. Clarksville, TN 37043

Website WBCOC.org

Assembly Times Sunday: 9:30 am, 10:30 am, 6 pm Wednesday: 7 pm

Everyone Is Welcome! For More Information Call (931) 647-1324

Published and Edited By
Chris Reeves
(615) 389-3250
chrisreevesmail@gmail.com
TheGoodTeacher.com

## THE WARFIELD BULLETIN

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For though we walk in the flesh, we do not war according to the flesh, for the weapons of our warfare are not of the flesh, but divinely powerful for the destruction of fortresses.

- 2 Corinthians 10:3-4 -

The beginning of the new year is often a time for change. Have you made your new year's resolution yet? Paul made an important change in his life - to become a Christian. Philippians 3 tells us a little about that change and other changes that Paul made later in life. What can we learn about change and new year's resolutions from Paul in this passage of scripture? Here is what Paul wrote in Philippians 3:12-14:

12 Not that I have already obtained it or have already become perfect, but I press on so that I may lay hold of that for which also I was laid hold of by Christ Jesus. 13 Brethren, I do not regard myself as having laid hold of it yet; but one thing I do: forgetting what lies behind and reaching forward to what lies ahead, 14 I press on toward the goal for the prize of the upward call of God in Christ Jesus.

In this great passage of scripture, Paul gives a fourfold prescription for success. Paul gives the fourfold prescription in 3:12-14 and then tells us to follow it in 3:15-16. Paul's prescription is our prescription!

What steps are you taking to be spiritually successful this new year? We often make "resolutions," but we don't accomplish them because we don't know how to reach them. What is the

divine prescription, given by Paul, for the new year?

First, you must FACE the present. Paul wrote: "Not that I have already obtained it or have already become perfect..." (3:12). Here, Paul confessed imperfection. He demonstrates his humility and his dissatisfaction with himself. He wrote that he was not complete (perfect) yet.

Self-esteem is important, but it can actually hinder our progress. Are you willing to admit that you need to change, grow, and improve (Revelation 3:17)?

Second, you must FOCUS your mind. Paul wrote: "but one thing I do..." (3:13). Paul concentrated on one thing, not many things. We often have too many interests and resolutions. Most of us would have to say, "Five things I dabble at," rather than "One thing I do." Are you willing to focus on one area of improvement (Luke 10:42)?

Third, you must FORGET the past. Paul wrote: "forgetting what lies behind..." (3:13). Paul ignored his past activities, both bad and good. Memory is a precious gift, but it can hinder our progress. The memory of past failures can hinder us and the memory of past successes can also hinder us.

Many live in the past, like trying to drive a car using the rear view mirror only. Are

you willing to put behind you anything in the past that would hinder your progress in the future (Acts 8:36; Galatians 5:7)?

Fourth, you must FORGE ahead to a future goal. Paul wrote: "I on press toward the goal..." (3:14). Paul was determined to move. He did not just move, he moved forward. He did not move in any direction, he moved toward a goal. He did not move toward any goal, he moved toward "the prize of the upward call of God in Christ Jesus."

When you take the "t" off of "forget," it becomes "forge." You must forge ahead this year! When you get where you are going, where will it be? Christ is both the goal and the prize of our life. Are you willing press on to perfection, to Christ (Heb.6:1)?

Here are some questions for the new year. Will you admit this year that you need to improve? Will you concentrate on one thing this year -- pleasing Christ? Will you enter this year riding on the wave of last year's activities, or forget them? What direction will you be moving this year, forward?

The prescription for the new year has been filled by Paul. Now it is time for us to take it! - Chris Reeves